



Meet the teacher
2026-27
Mark Lambert - PE



Who am I? Where did I come from?

What am I doing here?



I have worked at THS for nearly 17 years.



I have been Head of PE at THS for 8 years.



I am passionate about ensuring children enjoy physical activity for life!



I have a 9 old daughter who loves all things sport.



I hold my Level 2 Tennis, Level 1 Football & Level 1 Cricket coaching badges.

Who am I? Where did I come from?

What am I doing here?

I used to be a semi-professional footballer for
Chesham United - can you spot me?





THS HAWKS

In PE, we want our children to be
HAWKS!

We refer to this in PE lessons and
when we attend extra-curricular
events/competitions.

Younger THS BIRDS are desperate to
become HAWKS and wear the sports
jackets to a competition.

THS PE CURRICULUM INTENT

Healthy

To develop **knowledge and understanding** of how to lead a healthy lifestyle (physically and mentally).



Willing

To develop the **motivation** and **confidence** to engage in a variety of sports and activities.



Active

To develop **physical competence** and **confidence** - encouraging engagement in physical activities for life.

Physical Literacy

The **motivation**, **confidence**, **physical competence**, **knowledge and understanding** to value and take responsibility for engagement in physical activities for life.

Knowledgeable

To develop key life skills to complement **knowledge and understanding** of how to excel in a variety of physical activities.

Resilience
Independence
Leadership
Problem Solving
Communication





Achieve the Rainbow



We use the School Games Values
in PE lessons to nurture the core
values we want our BIRDS to
have, not just in PE but
throughout their entire lives.

