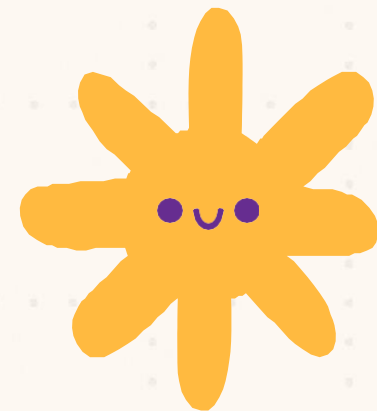




Meet the teacher  
2025-26

Mark Lambert - PE



# Who am I? Where did I come from?

## What am I doing here?



I have worked at THS for nearly 16 years.



I have been Head of PE at THS for 7 years.



I am passionate about ensuring children enjoy physical activity for life!



I have a 8 year old daughter who loves all things sport.



I hold my Level 2 Tennis, Level 1 Football & Level 1 Cricket coaching badges.

# Who am I? Where did I come from?

## What am I doing here?

I used to be a semi-professional footballer for Chesham United - can you spot me?



# THS HAWKS

In PE, we want our children to be  
HAWKS!

We refer to this in PE lessons and  
when we attend extra-curricular  
events/competitions.

Younger THS BIRDS are desperate to  
become HAWKS and wear the sports  
jackets to a competition.



# THS PE CURRICULUM INTENT

## Healthy

To develop **knowledge and understanding** of how to lead a healthy lifestyle (physically and mentally).



## Willing

To develop the **motivation** and **confidence** to engage in a variety of sports and activities.



## Active

To develop **physical competence** and **confidence** - encouraging engagement in physical activities for life.

## Physical Literacy

The **motivation**, **confidence**, **physical competence**, **knowledge and understanding** to value and take responsibility for engagement in physical activities for life.

## Knowledgeable

To develop key life skills to complement **knowledge and understanding** of how to excel in a variety of physical activities.

Resilience  
Independence  
Leadership  
Problem-solving  
Communication



# Achieve the Rainbow



We use the School Games Values in PE lessons to nurture the core values we want our BIRDS to have, not just in PE but throughout their entire lives.

