

Monday 6th October 2025

Dear Parent/Carer,

On Wednesday 22nd October, Year 2 will be having their first parent pitstop of the year! We will be learning about different foods and the methods used to prepare them. During the pitstop, we will be preparing a Vegetable Casserole. In later lessons, we will be making an Eton mess. Listed below are the ingredients for each of the recipes:

Vegetable casserole	Olive oil Onion Smoked paprika Carrots Celery Red pepper Yellow pepper Chopped tomatoes Vegetable stock Courgettes
Eton mess	Strawberries Natural yoghurt Meringue nests Caster sugar

If your child has an allergy, please speak to your class teacher for an allergy list.

If you give permission for your child to taste these foods, please sign below. Without this consent, your child will be able to make the food but not taste it.

The reply slip should be returned to the class teacher by **Monday 20th October**

Megan David and Anna Rymczuk
(class teachers)

Name of child: _____ Class: _____

I give permission for my child to taste the ingredients.

I do not give permission for my child to taste the ingredients.

Signed: _____ (parent/carer) Print: _____

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